



Task Title: Budget Basics

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes ☐ No ☐

Goal Path: Employment ☐ Apprenticeship ☐

Secondary School ☐ Post Secondary ☐ Independence ☐

Task Description: Learner will record their monthly expenses and compare them with their monthly income.

Main Competency/Task Group/Level Indicator:

- Communicate Ideas and Information/Complete and create documents/B3.2a
- Understand and Use Numbers/Manage money/C1.1

Materials Required:

- Pen/pencil and paper and/or digital device
- Calculator or digital device with calculator function

Learner Information

Budgeting is an important part of understanding your finances. To create a budget, it can be helpful to track current expenses and income for at least one month.

You will be tracking your expenses and income for the current month. You can repeat this exercise for several months to see how your spending changes.

For each expense, write down how much you anticipate spending each month in the “budget” column. For example, if your bus pass is \$60 a month, write \$60. Some expenses change each month such as utilities or groceries. Estimate these expenses based on your most recent payment.

As the month progresses, you can add the real expense totals under the “spent” column to see how much was actually spent compared to what was budgeted.

Scan the “Examples of Income Sources, Expenses, Savings and Debt” article and the “Monthly Budget” template.

Examples of Income Sources, Expenses, Savings and Debt

Income Sources:

- Employment income
- Government income (OW or ODSP)
- Tax benefits (GST/HST credit, carbon tax rebate, Canada child benefit, etc.)

Fixed Expenses:

- Rent or mortgage
- Utilities: electricity, gas/propane, internet, phone
- Insurance: property, car, life
- Transportation: car payment/gas/repairs, bus pass, parking
- Groceries and household supplies
- Clothing
- Daycare

Additional Expenses:

- Meals or coffee out
- Haircuts or personal care
- Entertainment: movies, concerts, sports events
- Memberships: phone apps, gym membership
- Alcohol or tobacco
- Vacations
- Gifts

Savings:

- Retirement
- Educational savings
- Saving for a downpayment for a house or car

Debt:

- Loan payments
- Credit card payments

MONTHLY BUDGET

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC **YEAR:** _____

INCOME SOURCES

AMOUNT

PRIORITIZE THINGS TO BUY/PAY

TOTAL:	



FIXED EXPENSES

BUDGET

SPENT

ADDITIONAL EXPENSES

BUDGET

SPENT

TOTAL:		

TOTAL:		

SAVINGS

AMOUNT

DEBT

PAID

TOTAL SAVINGS:	

TOTAL PAID:	

TOTAL BUDGET — TOTAL SPENT =

Work Sheet

Task 1: Label the budget template with the current month and year.

Answer: No written response required here.

Task completed: Yes: ☐

Task 2: List all your income sources and amounts in the Income Sources section on the budget template.

Answer: No written response required here.

Task completed: Yes: ☐

Task 3: Total all income sources and enter the total on the template.

Answer: No written response required here.

Task completed: Yes: ☐

Task 4: List your expenses in the Fixed Expenses and Additional Expenses sections on the budget template. For each expense, write down how much you anticipate spending each month in the "budget" column.

Answer: No written response required here.

Task completed: Yes: ☐

Task 5: Total all expenses and enter the amounts on the template.

Answer: No written response required here.

Task completed: Yes: ☐

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Task 6: Subtract your total expenses (total spent) from your total income sources (total budget) and enter that amount on the template.

Answer: No written response required here.

Task completed: Yes: ☐

Task 8: According to your calculations, will you be underspent or overspent at the end of the month? By how much?

Answer:
