Task-Based Activities

QUILL Learning Network

Task Title: Use "Best Before" Dates to Select Food

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes ☐ No ☐

Goal Path: Employment ☐ Apprenticeship ☐

Secondary School ☐ Post Secondary ☐ Independence ☐

Task Description: The learner will locate and read "best before dates on various products to determine freshness of food.

Main Competency/Task Group/Level Indicator:

- Understand and Use Numbers/Manage time/C2.1

Materials Required:

- Pen/pencil and paper and/or digital device

Learner Information

Consumers check “best before” dates on food in stores to ensure what they are buying is fresh. They may also check food items on their shelves and in their refrigerators at home to decide when they should be discarded.

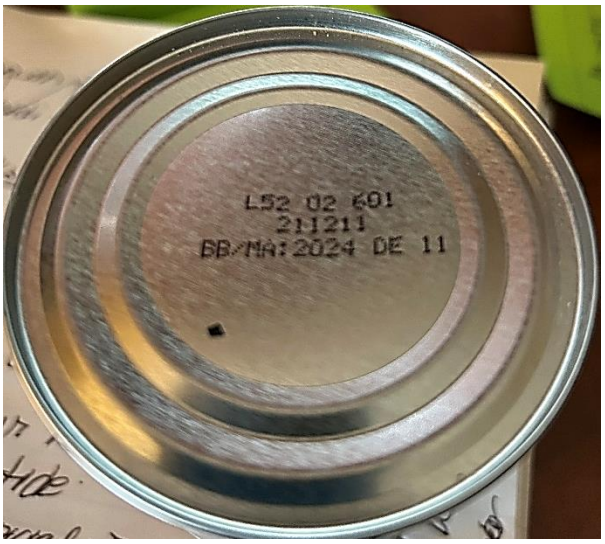
Scan the “Best Before Date Labels”.

Best Before Date Labels

Coffee

Eggs

Yogurt



Canned Mandarins

Crackers

Chicken Broth

Work Sheet

Task 1: What food was best before December 11, 2024?

Answer:

Task 2: What food was best before September 24, 2025?

Answer:

Task 3: Which food should be eaten before July 25, 2026?

Answer:

Task 4: What date are the eggs best before?

Answer:

Task 5: What month in 2026 is the coffee best before?

Answer:

Task 6: When were the crackers best before?

Answer: