



Task Title: How to Use an Auto-Injector for an Allergic Reaction

OALCF Cover Sheet – Practitioner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes ☐ No ☐

Goal Path: Employment ☐ Apprenticeship ☐

Secondary School ☐ Post Secondary ☐ Independence ☒

Task Description: Learners will watch a short video to learn how to apply an Auto-Injector (Epi-Pen) to self or others, then discuss experiences with another learner/instructor.

Main Competency/Task Group/Level Indicator:

- Find and Use Information/A3
- Communicate Ideas and Information/Interact with others/B1.2

Materials Required:

- Pen/pencil and paper
- Computer or digital device

Learner Information

The auto-injector for allergic reactions (sometimes called an Epi-pen) is a simple tool that can save a life.

Watch this short video about How to Administer an Epi-Pen.

<https://www.youtube.com/watch?v=Ig9rWYYBW8Y> (1:42)

Work Sheet

Task 1: What is an easy way to remember how to hold an Epi-Pen?

Answer:

Task 2: Which part of the body is best to inject?

Answer:

Task 3: If the person looks and feels better after the injection, why should they still go to the hospital?

Answer:

Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?

Answer:

Answers

Task 1: Task 1: What is an easy way to remember how to hold an Epi-Pen?

Answer: Blue to the sky, Orange to the thigh.

Task 2: Which part of the body is best to inject?

Answer: The best part of the body to inject is the middle of the outer thigh. (Accept any answer involving the leg above the knee.)

Task 3: If the person looks and feels better after the injection, why should they still go to the hospital?

Answer: The effects of the epi-pen won't last very long and the person may have a second reaction and require hospital care.

Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?

Answers will vary. Observe the interaction and evaluate according to performance descriptors.

Performance Descriptors

Levels	Performance Descriptors	Needs Work	Completes task with support from practitioner	Completes task independently
A3	Extract info from films, broadcasts and presentations			
B1.2	shows an awareness of factors that affect interactions, such as differences in opinions and ideas, and social, linguistic, and cultural differences			
	demonstrates some ability to use tone appropriately			
	uses strategies to maintain communication, such as encouraging responses from others and asking questions			
	speaks or signs clearly in a focused and organized way			
	rephrases to confirm or increase understanding			
	uses and interprets non-verbal cues (e.g. body language, facial expressions, gestures)			

This task: Was successfully completed ☐ Needs to be tried again ☐

Task Title: HowToUseAutoInjector_I_A3_B1.2

Learner Comments:

Instructor (print):

Learner (print):
