



Task Title: How to Use an Auto-Injector for an Allergic Reaction

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes ☐ No ☐

Goal Path: Employment ☐ Apprenticeship ☐

Secondary School ☐ Post Secondary ☐ Independence ☒

Task Description: Learners will watch a short video to learn how to apply an Auto-Injector (Epi-Pen) to self or others, then discuss experiences with another learner/instructor.

Main Competency/Task Group/Level Indicator:

- Find and Use Information/A3
- Communicate Ideas and Information/Interact with others/B1.2

Materials Required:

- Pen/pencil and paper
- Computer or digital device

Task Title: HowToUseAutoInjector_I_A3_B1.2

Learner Information

The auto-injector for allergic reactions (sometimes called an Epi-pen) is a simple tool that can save a life.

Watch this short video about How to Administer an Epi-Pen.

<https://www.youtube.com/watch?v=Ig9rWYYBW8Y> (1:42)

Work Sheet

Task 1: What is an easy way to remember how to hold an Epi-Pen?

Answer:

Task 2: Which part of the body is best to inject?

Answer:

Task 3: If the person looks and feels better after the injection, why should they still go to the hospital?

Answer:

Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?

Answer: