



Task Title: Assess Skills for Job Matching

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes ☐ No ☐

Goal Path: Employment ☒ Apprenticeship ☐
Secondary School ☐ Post Secondary ☐ Independence ☐

Task Description: The learner will take a short quiz on the Ontario Labour Market site to help assess skills and potential jobs that may be a good fit.

Main Competency/Task Group/Level Indicator:

- Communicate Ideas and Information/Write continuous text/B2.1
- Use Digital Technology/D.2

Materials Required:

- Pen/pencil and paper
- Computer or digital device

Learner Information

It is helpful to understand your strengths when looking for work. Every job requires different skills. This quiz will help you learn more about your abilities and which jobs might be a good fit for you.

Learner Instructions

Go to the "Take a Career Quiz" page on the Ontario Labour Market website: <https://www.services.labour.gov.on.ca/labourmarket/careerQuiz/careerQuiz.xhtml?lang=en>.

Take the career quiz. There are five pages in this quiz. Click the "next" button at the bottom of each page to move to the next page. At the end of the fifth page, click the "get results" button at the bottom of the page.

Work Sheet

Task 1: What are your top three abilities based on this quiz?

Answer:

Task 2: Describe each of these abilities using your own words.

Answer:

Task 3: On this page, find “jobs matching your results”. What are three jobs that match your results?

Answer:

Task 4: Click on a job that interests you. What are three tasks that someone with this job would do?

Answer:
